

STOP  
PRESS



'You'll get looked after at  
Ford Youth and Community Gym'

## Attention Personal Trainers

Are you looking for a venue to train your clients?

Why not try Ford / Activ8 Gym?

- We are a small friendly Community Gym available for hire to experienced Personal Trainers.
- Good hire rates.
- Exclusive use of the Gym for you and your client / clients outside normal opening hours.
- Up to 40 hours available / week for hire including weekends.

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Interested, why not visit the Gym and see for yourself or email [info@fordgym.org.uk](mailto:info@fordgym.org.uk)

Check out our website: [www.fordgym.org.uk](http://www.fordgym.org.uk)

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### **Contact Information**

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